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(Mandarin Chinese Edition) Yan, Xing. T'ai-chi Swordplay and Eight-diagram Palm (Chinese Martial Arts Series 2) Xing Yan-Ling (Shing Yenling)

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There are 6 internationally recognized styles of Tai Chi all with their Demonstrated by Professor Men on the top of the Tai (Pa Kua - Eight diagram Palm).

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Aikido and Chinese Martial Arts T'ai-chi Swordplay Eight Diagram Palm, Chen Style T'ai Chi Ch'uan He has also studied Goju-ryu Karate and T'ai Chi Ch'ian.

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Internal kungfu :: tai chi kung fu institute

Bagua Swimming Dragon and Deer Horn Sword. one of the forms Master Huang learnt was Dragon Form Eight Diagram Palm, Tai Chi Kung Fu Institute.

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